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| Host department: Bristol |
| Project Title: |
| The management of young people's mental health in primary care |
| Proposed supervisory team: Primary Supervisor: Dr Charlotte Archer Second supervisor: Professor Nicola WilesOther members of the supervisory team: Dr Lucy Biddle; Dr Stephanie MacNeill |
| Potential for cross consortium networking and educational opportunities: |
| There will be opportunities for collaboration:* Linking with other PhD students and senior academics in the NIHR School for Primary Care Research and NIHR Three Schools (NIHR Schools for Primary Care, Public Health and Social Care) Mental Health Programme.
* Links with colleagues working in the Centre for Academic Mental Health (CAMH), the Centre for Academic Primary Care (CAPC) and the wider Population Health Sciences department.
* Working with the Society for Academic Primary Care (SAPC) and the NIHR Mental Health Incubator to access networking and training.
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| Project description:The pandemic adversely affected the population mental health of young people, but it is not clear if this is reflected in increased numbers of young people consulting in primary care for anxiety and/or depression. We also do not know how changes in population mental health have impacted primary care treatment (prescribing/referrals) in this age group. The supervisory team will work with candidates to develop the project aims and objectives related to this area. The PhD will include analysis of Clinical Practice Research Datalink (CPRD) data to quantify GP-recorded mental health consultations and treatment in young people. It will also include qualitative interviews with key stakeholders (GPs, young people, Children & Young Peoples talking therapies, third-sector organisations, schools) to explore the role of GPs in supporting young people presenting with poor mental health and the treatment pathway for such patients. |

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| Training and development provision by host: |
| Formal training:A range of training opportunities are offered including: * The Bristol Medical School Short Course programme, with a range of courses in research methodology, design and analysis in health sciences.
* The Bristol Doctoral College provide a skills development programme, covering topics such as getting started with a PhD, working with a supervisor, as well as a range of support in writing, applying for funding, presentation skills and wellbeing.
* Professional development opportunities offered by the GW4 Alliance, which is the shared training scheme allowing PhD students at any GW4 university to access the training and resources from across the four institutions (Bristol, Bath, Cardiff, Exeter).
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| Informal training: Bristol Medical School is the largest and one of the most diverse Schools in the University of Bristol, with approximately 930 members of staff and over 260 postgraduate doctoral research students. The School is a leading centre for research and teaching across Population Health Sciences and Translational Health Sciences. Research in the School is collaborative and multi-disciplinary, with staff coming from a wide range of academic disciplines and clinical specialties. There is a large cohort of PhD students who have access to the Centre for Academic Mental Health (CAMH) research seminar series, Centre for Academic Primary Care (CAPC) monthly team meetings and writing days, peer support/mentoring programmes, and methodological/topic specific research groups, such as the qualitative research forum.  |
| PPIE: The Centre for Academic Primary Care (CAPC) has a PPI team with experienced advisors and contributors. They will be available to support the candidate to develop a strong PPIE strategy for the project. In addition, The Bristol Young People’s Advisory Group has a group of young people aged 10 and upwards who are interested in healthcare and research. They meet regularly online to help researchers with their projects and will be invited to support this research. PPI training is available through the University of Bristol and People in Health West of England (PHWE).  |