

Mental Health Programme

November 2024

The latest news, views, and announcements of the Three NIHR Research Schools' Mental Health Programme.

INSIDE

Funding Opportunities

Discover a range of funding opportunities in this newsletter to support your next project.

Award Holder Updates

Get the latest updates on award holders and see how their projects are progressing and making an impact.

Online Seminars

Don't miss out on our upcoming seminar series, covering a wide range of topics.

Funding Opportunities

The NIHR Three Schools' Mental Health Research Programme has new funding opportunities.

- Career Development Award - deadline **15:30 on Friday, 15 November 2024**.
- Projects to improve PPIE - deadline **15:30 on Friday, 13 December 2024**.

[Find out more](#)

The NIHR Three Schools' Prevention Research Programme has new funding opportunities.

- NIHR Three Research Schools' Prevention Programme – Research Projects Call. [Slides from a recent webinar regarding this programme can be viewed here](#).

Deadline of **5pm on Friday, 29 November 2024**.

[Find out more](#)



Early Careers Event

A final invitation to join us for the NIHR Three Schools' event in York on Wednesday, 20 November 2024! This event is open to all early career researchers within the Schools of Primary Care (SPCR), Public Health (SPHR), and Social Care (SSCR). With a focus on networking and collaboration, it's a fantastic opportunity to connect with colleagues from across the country working in Primary Care, Public Health, and Social Care.

The event is free to attend and you can register your interest in attending [here](#).

SAVE THE DATE – Wednesday, 14 May 2025 (provisional date)

SAPC Special Interest Group Primary Care Mental Health Conference 2025 to take place at Edge Hill University.

Please see [abstract booklet from 2024](#) event to get a flavour of the content.

Mental Health Programme

NIHR School for Primary Care Research | NIHR School for Social Care Research | NIHR School for Public Health Research

Study suggests care gaps in people seeking help for self-harm



socr.nihr.ac.uk/news/blog



Seeking Help for Self Harm

By Dr Sarah Steeg

A study, led by Dr Sarah Steeg, set out to understand the types of services people were in contact with after self-harm, and which groups of people were experiencing possible gaps in care.

Understanding the care and support people receive after they have sought help for self-harm is vital. Appropriate and timely care can help prevent further self-harm and is key for suicide prevention. Most research to date has focussed on the role of mental health services, including outpatient care, psychological therapies, crisis home treatment teams and inpatient mental health services. However, general practitioners (GPs), voluntary, community and social enterprise (VCSE) services and social services can play a key role in providing self-harm aftercare. But do these services reach patients who most need them?

[Read more of this blog post](#)

Publications

[Recording of Alcohol Use Disorder in Electronic Health Records: Developing a Recommended Codelist for Research.](#) Sarah Cook, Mental Health Fellow, writes for Clinical Epidemiology

[Is alcohol use disorder associated with higher rates of depression and anxiety among people with new onset type 2 diabetes? A cohort study using linked primary care data in England.](#) Sarah Cook, Mental Health Fellow, writes for BMC Primary Care

[Care gaps among people presenting to the hospital following self-harm: observational study of three emergency departments in England.](#) Sarah Steeg, Mental Health Fellow, writes for BMJ Open

[The Impact of Different Types of Social Media Use on the Mental Health of UK Adults: Longitudinal Observational Study.](#) Ruth Plackett, Mental Health Fellow, writes for Journal of Medical Internet Research



Award Holders

Come and take a look at our Mental Health Award Holders' profiles to see what they're working on! Discover more about the programme's funding recipients through the links below.

[PHASE 1 AWARD HOLDERS](#)

[PHASE 2 AWARD HOLDERS](#)

Mental Health Programme

NIHR School for Primary Care Research NIHR School for Social Care Research NIHR School for Public Health Research

Where is the village that was promised?



socr.nihr.ac.uk/news/blog



Where is the village that was promised?

By Ruth Naughton-Doe

Mental Health Fellowship award holder Ruth Naughton-Doe shares a video called 'Where is the village that was promised?' that focuses on perinatal loneliness.

The film presents nine animations based on the experiences of the 58 parents who took part in research exploring solutions to perinatal loneliness, which is loneliness that happens during pregnancy and up to two years post-birth, including for parents who adopt.

We hope these clips and our film will raise awareness of what leads to feelings of loneliness including poverty, discrimination, unrealistic expectations put on parents, inadequate support, and being excluded. We hope that after watching this film, some people will realise they are not alone in feeling lonely.

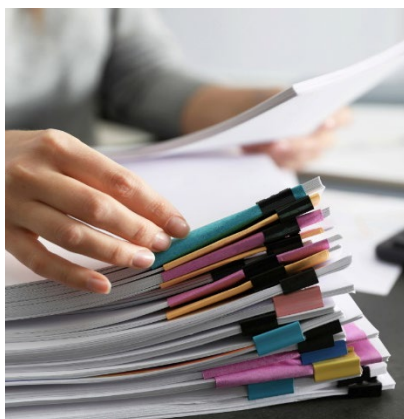
[Watch the video on YouTube](#)

Mental Health Seminar Series

Wednesday, 13 November 2024, 1pm to 2pm | [Experiences of and outcomes for Blackpool adults treated with Buprenorphine substitution therapy with Dr Rebecca Fish and Prof. Céu Mateus.](#)

Monday, 02 December 2024, 12pm to 1pm | [Making a Difference Through Your Research with Dr Ruth Naughton-Doe](#)

Thursday, 30 January 2024, 12pm to 1pm | [Care gaps among people presenting to the hospital following self-harm](#)



Mental Health Programme Impact Case Study

The NIHR Three Schools Mental Health Programme impact case study, covering insights from 2022 to the present, highlights efforts to address mental health care disparities across the UK. Through collaborative, community-centered research, it engages diverse populations to identify and reduce mental health risks, striving for greater equity in mental health support nationwide. For further details, view the [NIHR Impact case study](#).

Mental Health Programme

NIHR | School for Primary Care Research NIHR | School for Social Care Research NIHR | School for Public Health Research

Unearthing Our Joy - Utopia Creative Hub's Community Ensemble



spcr.nihr.ac.uk/news/blog



Promoting Black Mental Health

By Stephanie Ejegi-Memeh

In April 2024, Stephanie Ejegi-Memeh, Three NIHR Research Schools' Mental Health Programme Career Development Award holder, brought together over 40 Black-led community organisations who are promoting mental health and tackling racial inequality in innovative and creative ways.

In collaboration with Utopia Creative Hub, the University of Sheffield's Festival of the Mind team Steph has created an ensemble production casting light on Black Joy and promoting Black mental health, wellbeing and joy. Captivating stories and dynamic performances were filled with drama, grace, laughter and inspiration.

[Watch the video on YouTube](#)

Wellcome PhD Programme for Primary Care Clinicians

The Primary Care Clinicians PhD programme is now open for applications. Applications for the 2025 programme are welcomed from clinicians of all disciplines working in UK primary care, for example: practice nurses; health visitors; dentists, primary care pharmacists; optometrists working in primary care and general practitioners (NB this list is not exhaustive)

Closing date: 11.59pm Thursday, 12 December 2024

[Find out more](#)

Special Collection Submission Call:

Previous Career Development Award holder Emma Adams is co-guest editing a special issue of the International Journal of Qualitative Methods on "*The Contribution of Qualitative Methods to Addressing Contemporary Public Health Challenges*" This collection invites authors to share insights on using qualitative methods in public health research, with a focus on involving affected communities and addressing health inequalities, while offering practical guidance for novice researchers.

[Find out more and how to apply here.](#)

The deadline for submission is **Thursday, 20 February 2025.**