

Welcome to the latest edition of the NIHR School for Primary Care Research (SPCR) newsletter.

In this issue, we highlight recent blogs, news, and publications from across the School, and outline upcoming opportunities. We feature our first Researcher Spotlight and provide insights into recent developments in public involvement and engagement at SPCR. Additionally, we offer updates on the NIHR Three Schools' Mental Health Programme, including details of an informative online seminar on engaging marginalized young people in education.

News:

The NIHR has announced its 2025 cohort of Senior Investigators. Congratulations to our outstanding colleagues on this well-deserved recognition for their contributions to health research.



[READ MORE](#)

A recent study funded by the NIHR School for Primary Care Research (SPCR) found that D-mannose does not prevent urinary tract infections.



[READ MORE](#)

A new study funded by the SPCR explores the most effective ways to communicate blood test results to patients in primary care.



[READ MORE](#)

A new SPCR-led study, supported by Cancer Research UK, has uncovered significant disparities in prostate cancer testing across GP practices in England.



[READ MORE](#)

Blog Posts:

To mark the 3rd anniversary of the Shared Commitment to Public Involvement, we reflect on our achievements, progress and aspirations for the future of public involvement within the SPCR.




[READ MORE](#)

Researcher Spotlight:


NIHR | School for Primary Care Research

SPCR Researcher Spotlight



Dr Ben Bowers and Dr Ralph Kwame Akyea

Impact of continued SPCR funding and long-term connection



We are pleased to share the first edition of our SPCR Researcher Spotlight series, featuring two of our researchers, Dr. Ben Bowers from the University of Cambridge and Dr. Ralph Kwame Akyea from the University of Nottingham.

This series highlights the impact of continued SPCR research capacity and development funding since its introduction in 2010.

[READ MORE](#)

George Lewith Prize 2025

Essay Competition



Open to all UK Medical Students
Deadline: 12noon, 25 April 2025

George Lewith Essay Competition

The NIHR School for Primary Care Research (SPCR) is pleased to offer an exciting undergraduate opportunity: The George Lewith Prize. This essay competition is open to all UK medical students, with the winner receiving funded registration for the [Society for Academic Primary Care \(SAPC\) annual scientific meeting](#), held this year, in Cardiff on 8th -10th July 2025.

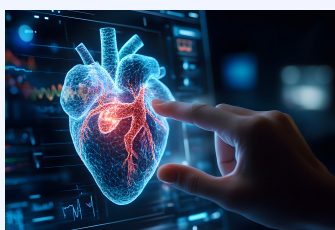
Deadline: 12 noon on Friday 25th April 2025

[FIND OUT MORE](#)

Publications:

[Cardiovascular disease burden and risk factor management in cancer survivors: insights into a multiethnic, socioeconomically deprived urban population.](#)

Zahra Estabragh et al writes for BMJ Heart.



[SPCR funding project: 628](#)

[Adapting the Germ Defence Web-Based Intervention to Improve Infection Prevention and Control in Care Homes: Interview Study Among Care Home Staff.](#)

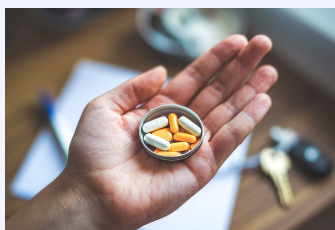
Chris Todd et al writes for JMIR Formative Research.



[SPCR funding project: 582](#)

[Predicting intentions towards long-term antidepressant use in the management of people with depression in primary care: A longitudinal survey study.](#)

Rachel Dewar-Haggart et al writes for PLOS One Journals.



[SPCR funding for PhD Fellowship \(C097\)](#)

PPIE in SPCR:

It's been a busy time for public involvement and engagement at SPCR! Here's a quick roundup of what we've been up to and what's coming next.



Recent Highlights:

- SPCR Public Steering Group: Our first in-person meeting was a success! The group continues to guide our PPIE efforts— [meet some of our group members & learn more about their role.](#)
- Shared Commitment to Public Involvement: We proudly joined this initiative and celebrated its 3rd anniversary alongside 30+ health and care organizations. [Read our pledge](#) and [our latest blog.](#)
- PPIE Bite-Size Showcase: This session highlighted 5 innovative PPIE projects from our 2022 fund—catch up on the session [here.](#)
- PPIE in practice series: For some further inspiration of public involvement happening across the SPCR, [check out our PPIE in practice series.](#) The series also aims to foster learning about different approaches to involvement and inspire others about the ways in which the public can be involved in research.

What's Coming Up:

- SPCR Trainees PPIE Drop-in – SPCR Trainees are invited to join us on Monday 19th May, 12–1pm on MS Teams for the next PPIE Drop-In session. Drop-in provide an informal space to talk all things PPIE – including challenges, opportunities, training and resources. Trainees should keep an eye on their inbox for details!
- PPIE Enablement Fund – Launching May/June 2025 and rolling over the next year, this fund will provide small grants for inclusive public and community involvement, engagement, and dissemination activities.
- PPIE Recognition Awards – Celebrating outstanding public involvement—nominations – open later this year.

If you have any questions, ideas for future PPIE activities or training, or would like to find out more, please contact our Public Involvement & Engagement Manager, Halle via halle.johnson@bristol.ac.uk



General Practice Commercial Research Fellows Opportunity

Research Fellows Opportunity

The SPCR is offering up to eleven General Practice Commercial Research Fellowships, with positions available at various universities across the UK.

[FIND OUT MORE](#)

NIHR Three Schools' Updates:

New resources have been released to support the dissemination of findings from the Recovery Navigator evaluation study, which aims to help heavy drinkers improve their health outcomes.



[READ MORE](#)

Dr Ruth Naughton-Doe, former Mental Health Fellowship, is launching a new study to improve mental health support for young parents under 25.



[READ MORE](#)

The Q1 Three NIHR Research Schools' Mental Health Programme Newsletter is out now. Sign-up to our newsletters to stay updated about our latest news, publications and funding.



[READ MORE](#)

Mental Health Programme Online Seminar

Engaging marginalised young people in education, Thursday 24 April 2025, 12 – 1pm.

[REGISTER NOW](#)



NIHR | School for Primary Care Research

Bitesize Impact Showcase Webinars

[WATCH NOW](#)

youtube.com/@nihrspcr

Missed a session? Catch up now!

All 4 episodes of our SPCR Bitesize Impact Showcase Series are available on YouTube. Watch and revisit the insights anytime!

[WATCH NOW](#)

