

# Three NIHR Research Schools' Mental Health Programme

NIHR | School for Primary Care Research

NIHR | School for Social Care Research

NIHR | School for Public Health Research

August 2024

## Award Holders



We are in the process of updating profiles for our Three Schools' Mental Health Award Holders in Phase 2. Take a look at who the programme is funding via the links below.

[PHASE 1 AWARD HOLDERS](#)

[PHASE 2 AWARD HOLDERS](#)



## Congratulations Dr Fu

Congratulations to Three Schools' Mental Health Award holder, Dr Yu Fu, who was recently won the Research Staff Community Champion Prize at the University of Liverpool.

[Read more](#)

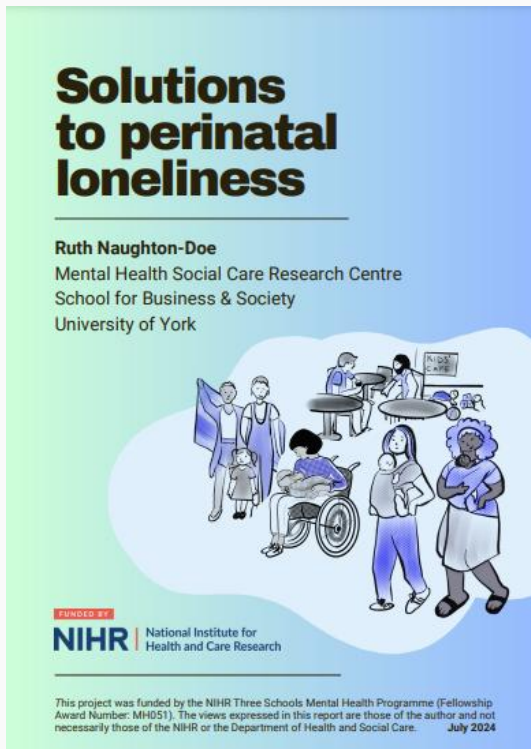
# Project Outputs



In April 2024, [Dr Stephanie Ejegi-Memeh](#), Three NIHR Research Schools' Mental Health Programme Career Development Award holder, brought together over 40 Black-led community organisations who are promoting mental health and tackling racial inequality in innovative and creative ways.

- Video capturing the Spaces of Black Unity and Joy event: Watched 150 times in two weeks. **You can watch the Spaces of Black Unity and Joy video [here](#).**
- Short report on the Spaces of Black Unity and Joy event. **You can access the report [here](#).**

Stephanie has also produced a **Directory of Black-led community organisations working to improve the health of Black communities in the UK**. This has been really well received with lots of positive comments. This resource is also being shared widely via email and social media ([X](#) and [LinkedIn](#)). It's been re-tweeted 127 times and liked on LinkedIn 94 times. **You can access the directory of Black-led community organisations [here](#).**



## Solutions to Perinatal Loneliness

[Ruth Naughton-Doe](#) has published her report on Figshare sharing the findings from her Three NIHR Research Schools' Mental Health Programme Fellowship from the [Solutions to Perinatal Loneliness Project](#).

## Children in most need of specialist mental health support often turned away because their situation is too unstable

*Three NIHR Research Schools' Mental Health Masters Award holder, Julia Mannes, shares findings from her NIHR Three Research Schools' MPhil have been launched as part of the Children at the Table campaign with the National Children's Bureau.*

A new study by the University of Cambridge and the National Children's Bureau shows serious issues when children and young people with social work involvement for current concerns or experiencing poverty try to access mental health services (CAMHS).

The analysis of over 71,000 health records shows that children and young people who are being supported by social workers or are on child protection

plans were far more likely to be rejected by CAMHS than their peers, and not get the treatment and support they may urgently need.

These findings have been welcomed by the Children's Charities Coalition (comprising Action for Children, Barnardo's, The Children's Society, National Children's Bureau and NSPCC) as part of the #ChildrenAtTheTable campaign.

It presents independent research funded by the NIHR School for Primary Care Research as part of the Three NIHR Research Schools' Mental Health Programme (award number MHF049), the NIHR Health and Social Care Delivery Research Programme (project reference NIHR134922), the British Academy, Foundations, and Wellcome (218025/A/19/Z)

[Read more](#) / [Read highlight on BBC News](#)

## Blog Posts



The graphic features three NIHR logos at the top: School for Primary Care Research, School for Social Care Research, and School for Public Health Research. The main title is 'Five top tips for doing equitable and respectful health research with Black-led mental health community organisations'. Below the title is the URL 'spcr.nihr.ac.uk/news'. On the right side, there is a photograph of a Black woman with glasses and a patterned shirt looking at a tablet. A red vertical line with a dot is on the left side of the photo. A decorative circular pattern is in the top right corner.

New blog post by one of our Three NIHR Research Schools' Mental Health Programme Career Development Award holder.

[Dr Stephanie Ejegi-Memeh](#), University of Sheffield, shares Five top tips for

doing equitable and respectful health research with Black-led mental health community organisations.

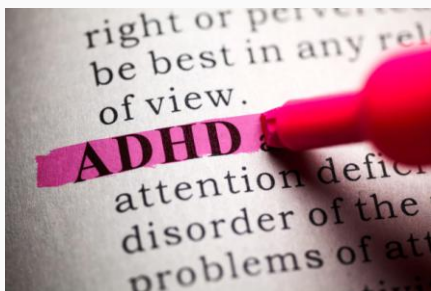
[Read the full blog post](#)



[Dr Yu \(Maggie\) Fu](#), a NIHR Three Research Schools' Mental Health research programme project awardee and now an NIHR Advanced Fellow based at the University of Liverpool, shares her journey into mental health research.

[Read more](#)

## Publications



[Primary care provision for young people with ADHD: a multi-perspective qualitative study.](#) Anna Price, Mental Health Fellow, writes for BJGP



[The Longitudinal Impact of Social Media Use on UK Adolescents' Mental Health: Longitudinal Observational Study](#), Ruth Plackett, Mental Health Fellow, writes for JMIR Publications



[Controlled Interventions to Improve Suicide Prevention in Educational Settings: A Systematic Review and Network Meta-Analysis](#), Alex Hodgkinson, Mental Health Fellow, writes for APA PsycNet



[The Impact of Social Media Use Interventions on Mental Well-being: Systematic Review](#), Ruth Plackett, Mental Health Fellow, writes for JMIR Publications

## NIHR Funding Opportunities

The NIHR Three Schools' Prevention Research Programme has new funding opportunities.

Applications should be submitted by **17:00 on Friday, 13th September 2024**.

[Find out more about the NIHR Three Schools' Prevention Programme Funding Call](#)

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The NIHR Three Schools' Dementia Research Programme has new funding opportunities.

1. Research Projects – outline proposals are due **by 23 September 2024**
2. Career Development Awards – applications are due **by 16 October 2024**

[Find out more about the NIHR Three Schools' Dementia Programme Funding Call](#)

## SAPC Updates

### SAPC Mental Health Special Interest Group Primary Care Mental Health Conference



The School for Primary Care Research (SPCR) were proud to help facilitate, alongside Professor Carolyn Chew-Graham, the Society for Academic Primary Care (SAPC) Mental Health Special Interest Group - Primary Care Mental Health Conference at Keele University in May 2024.

The theme of the event explored what is important in primary care mental health research, with keynotes being delivered by Adam Geraghty from the University of Southampton, and Caroline Mitchell, from the University of Sheffield. There were over 80 delegates in attendance and oral and poster presentations throughout the day from colleagues around the country.

Read more: [2024 SAPC Mental Health SIG - Primary Care Mental Health Conference | SAPC](#)

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## **SAPC Mental Health Special Interest Group**

The Society for Academic Primary Care has a number of Special Interest Groups – the Mental Health SIG (“No health without mental health”) is one of the most active. The group aims to bring together researchers working in the field of primary care mental health.

During the COVID-19 pandemic virtual SIG meetings were held to offer support particularly to early and mid-career researchers working in isolation to deliver mental health research. The group currently arrange a yearly in-person meeting at the SAPC Annual Scientific meeting, and host the annual Primary Care Mental Health conference. This provides a great opportunity for researchers to present their work in a supportive and nurturing environment!

Meetings typically involve a presentation about a research idea, research in progress, or discussions around wellbeing and current challenges and barriers to the group’s work.

### **How to get involved**

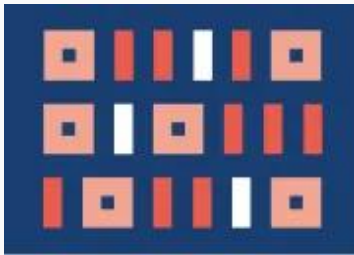
If this sounds like something you’re interested in, you will need to be a



member of SAPC to join, [find out more here.](#)

Please do contact Carolyn Chew-Graham at [c.a.chew-graham@keele.ac.uk](mailto:c.a.chew-graham@keele.ac.uk) for more information about the group!

## Contribute to the next newsletter



**Please let us know about any items of interest that you might like to have included in future newsletters. These could include:**

- Funding calls
- Research publications and articles
- News items

[Send your contributions for the next newsletter](#)

## About the Three NIHR Research Schools' Mental Health Programme

The NIHR Schools' for [Primary Care Research \(SPCR\)](#), [Public Health Research \(SPHR\)](#) and [Social Care Research \(SSCR\)](#) ("three NIHR Schools") have joined together in a unique collaboration between leading academic centres in England to collaborate on a programme of work on mental health, managed by the SPCR and funded through the National Institute for Health and Care Research (NIHR).

[Subscribe to the Three NIHR Research](#)

# Schools' Mental Health Programme

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