

## NIHR Three Research Schools - Seminar Series

### **Collaborating to develop holistic health support for people living with severe mental illness**

3 May 2023

#### **Speakers**

Emily Oliver & Ilaria Pina, Newcastle University, and Sue Webster, peer researcher

#### **Summary**

Our three schools' funded project, WHOLE-SMI, explores holistic health promotion for people living with severe mental illness, an underserved population who have not typically been well-represented in research involvement and engagement. Here we present, with our peer researchers and community advisory group members, learning from this research.

#### **Speaker biographies**

[Emily Oliver](#) is Professor of Behavioural Sciences at the University of Newcastle and holds the award for the study 'WHOLE-SMI: Wellbeing and HOListic health promotion for people with Severe Mental Illness'. [Ilaria Pina](#) is a Research Associate at the University of Newcastle.

#### **References and resources**

- [Evaluating the clinical and cost effectiveness of a behaviour change intervention for lowering cardiovascular disease risk for people with severe mental illnesses in primary care \(PRIMROSE study\): study protocol for a cluster randomised controlled trial | Trials \(biomedcentral.com\) \(biomedcentral.com\)](#)
- [The Consolidated Framework for Implementation Research – Technical Assistance for users of the CFIR framework \(cfirguide.org\)](#)
- <https://sphr.nihr.ac.uk/news-and-events/how-we-can-support-physical-health-for-people-living-with-severe-mental-illness/>

#### **Link:**

- [YouTube Recording of the Seminar](#)