



## SPCR internship projects 2025

Name & email supervisor(s):
Dr Natasha Tyler Natasha.tyler@manchester.ac.uk
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Proposed length of internship and dates of internship:
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4 week placement (June/July 2024)
Host department:
Institute of Population Health, University of Manchester
How will the internship be conducted:
□ In person at the university
☐ In person at the university
☑ Virtual/ from home
☐ Both are possible, depending on preference student
Title internship project:
SAFER-MH: Improving the Quality and Safety of Mental Health Care Transitions
SAFER-WITH Improving the Quality and Safety of Wental Health Care Transitions
<b>Summary of the internship project:</b> (max 250 words, can include hyperlinks to further
information)
Here's an improved and polished version of your text:
Care transitions are widely recognised as a vulnerable and high-risk stage in the healthcare
journey, involving multiple professionals working across different sectors. In the UK, a significant
proportion of people who die by suicide have recently been discharged from secondary mental
health services to primary care. Improving systems, processes, and support during this critical
period could save lives.
Patients discharged from inpatient mental health wards often highlight safety concerns, such as
inadequate information sharing and limited involvement in decisions about their discharge. To
address these issues, we have worked with patients, carers, and professionals to co-design and
develop a care bundle intervention called SAFER Mental Health (SAFER-MH).
This year, we are running co-design workshops, focus groups, and consensus studies to further
refine SAFER-MH and identify what additional support may be needed in primary care. To support
this work, we are seeking an intern to assist with data analysis and help develop an academic
publication.
The intern will have the opportunity to manage a small qualitative research project. This includes
analysing qualitative data that has already been collected, identifying key themes and
recommendations using NVivo software, and contributing to drafting a journal article as a co-
author. They will also join team meetings, gaining valuable experience in mental health research
and care transitions.
This work is part of the wider SAFER-MH project, offering a unique opportunity to learn about
how mental health interventions are co-designed with input from those directly impacted. You
can find more details about the study here: https://pubmed.ncbi.nlm.nih.gov/37041053/.
Learning chiestives:
Learning objectives:
Qualitative Research





Thematic Analysis
Principles of Intervention Co-design
Principles of Consensus methods
Writing Academic Papers
Patient and Public Involvement

## Any further information:

The student would be working within the research team of Prof Maria Panagioti and would benefit from her mentorship also.