

## Exeter SPCR internship projects 2025

<b>Name &amp; email supervisor(s):</b> Dr Anna Price ( <a href="mailto:a.price@exeter.ac.uk">a.price@exeter.ac.uk</a> ) Tamsin Newlove-Delgado ( <a href="mailto:t.newlove-delgado@exeter.ac.uk">t.newlove-delgado@exeter.ac.uk</a> )
<b>Length and dates of internship:</b> Start dates flexible in June-July 2025. ~4 weeks
<b>Host department:</b> Exeter Collaboration for Academic Primary Care, University of Exeter
<b>How will the internship be conducted:</b> <input checked="" type="checkbox"/> In person at the university <input type="checkbox"/> Virtual/ from home <input type="checkbox"/> Both are possible, depending on preference of student
<b>Title internship project:</b> Co-development of a digital health intervention (app) and Chatbot for young people with attention deficit hyperactivity disorder (ADHD)
<b>Summary of the internship project:</b> <i>(max 250 words, can include hyperlinks to further information)</i> <p>The <b>CareADHD</b> project, hosted by our <i>Science of ADHD and Neurodevelopment collaboration</i> (<a href="#">SAND</a>) aims to improve the lives of young people aged 16-25 with attention deficit hyperactivity disorder (ADHD). It involves working with young people to co-develop and test a digital health application (app) and <a href="#">chatbot</a> that helps them access treatment and manage their health and wellbeing.</p> <p>The internship will involve working with a diverse team including young people with ADHD, health and social care professionals, and digital experts. The student will work with our team as we use person-centred approaches to collaboratively develop, and initially test a digital app and linked chatbot, for young people aged 16-25 with ADHD.</p> <p>We have quantitative and qualitative data, including from our recent <i>Managing ADHD in Primary Care</i> (<a href="#">MAP</a>) study, which the student can use to identify a topic of interest and undertake an independent research project. This will help them to gain skills in an area of their choosing with the support of the supervisory team.</p> <p>The intern will be trained in the person-based-approach, and will gain skills in patient and public involvement, co-production research and project delivery. Through our internal networks (<a href="#">ChYMe</a> and <a href="#">APEX</a>), the student will be supported to explore and understand the potential for a research career in children and young people's mental health research, and/or primary care.</p>
<b>Learning objectives:</b> To build skills in:

- public and patient involvement and engagement, working with young people who are neurodiverse
- developing multi-modal dissemination materials to meet the needs of a variety of audiences
- developing digital resources for patients with a long-term condition (ADHD)

To develop research experience in:

- co-production methodologies
- the use of digital resources to improve access to healthcare for currently underserved groups
- delivering applied mental health research in primary care settings

To build networks to facilitate future research involvement and engagement.

**Any further information:**

If you would like to know more about this internship, please contact Dr Anna Price

([a.price@exeter.ac.uk](mailto:a.price@exeter.ac.uk))